pathroot health

News Release

Note: In January 2025, InterAct LifeLine changed its name to Pathroot Health to reflect a change in focus and new capabilities. Pathroot Health empowers providers, employers, and payers to deliver value-based care by supporting patients and their families post-treatment with technology-driven engagement and monitoring solutions.

Introducing Pathroot — Comprehensive Online Support for Families Impacted by Addiction Education, Community, AI, and Wearables

Overview: Pathroot is an online support program that addresses a critical need to provide resources to families impacted when a loved one is struggling with substance misuse or addiction. The technology-driven platform ensures families have easy access to effective, focused support, links to counseling and treatment programs, and education geared to their specific family situation. Pathroot offers its members privacy and anonymity, and fosters a network of peer connections, creating a supportive online community when facing common challenges.

Greenville, South Carolina — June 12, 2024 — Pathroot Health formerly InterAct LifeLine, a pioneer in behavioral health technology, today launched Pathroot™, a comprehensive online service supporting families impacted by substance misuse and addiction. As an alternative to public forums like Al-Anon, Pathroot offers members direct connection with other families facing similar challenges through confidential peer mentor programs, support groups, discussion forums and community activities. Pathroot's Knowledge Centers organize and display curated content on addiction, treatment options, family dynamics, substances, behavioral disorders, wellness and prevention strategies along with educational tracts for families and clinical professionals.

"Pathroot informs, educates and supports families that are underserved or ignored when a loved one struggles with substance misuse or enters addiction treatment or recovery programs," said Carolyn Bradfield, CEO of Pathroot Health. "Addiction impacts every member of the family and is ultimately a family disease. It affects individuals struggling with it as well as creating chaos in the lives of those around them. Addiction is pervasive and widespread, with 20 million Americans experiencing a substance use disorder (SUD) each year. Recognizing the profound impact on families, Pathroot provides comprehensive support beyond traditional therapy for the 1-in-3 households affected by addiction."

A History in Treatment and Technology

In the early 2000s, the founders of Pathroot launched Phoenix Outdoor, pioneering one of the first adolescent treatment programs to provide comprehensive family support services exclusively through virtual technology. After Pathroot's CEO, Carolyn Bradfield, experienced the losses of her first husband to alcoholism and her daughter to overdose, she redirected her company's mission. Bradfield developed innovative resources and tools to help families understand addiction and support their loved ones, focusing on reducing stigma, shame, and trauma.

"Pathroot brings together individuals facing similar challenges, matches them with knowledge from experts in the field to address substance misuse, and builds important connections to a community that understands their struggle," added Bradfield. "We are not a treatment or telehealth provider, but we offer a path to empower families to find the right services and support based on individual situations using a single online location."

Pathroot Launch

Pathroot launches as a free service giving families access to Knowledge Centers, webinars and structured educational programs. As additional services come online, families can upgrade for a low monthly subscription to access peer mentors, support groups, educational programs, and advice from experts along with community programming. Pathroot's roadmap includes integration with smart watches and wearables to provide valuable health and activity insights offering proactive responses to potential safety issues. The program will leverage artificial intelligence (AI) to learn about each individual, surface concerns, make recommendations and direct services.

Bradfield added "Along with the launch of Pathroot I am releasing my first book; Lessons from Laura: Book One — 'The Knock on the Door', a story of love, loss and a fight against addiction. I share insights from my family's journey navigating the challenges of my daughter Laura's addiction and tragic loss from overdose." www.amazon.com

About Pathroot Health

Pathroot Health empowers providers, employers, and payers to deliver value-based care by supporting patients and their families post-treatment with technology-driven engagement and monitoring solutions. Pathroot's remote patient monitoring platform connects wearables from Apple, Google, Samsung, and Oura to track real-time data, including vitals, sleep quality, exercise, mood, and daily engagement. AI-based predictive analytics assess relapse risk, providing early intervention alerts to treatment teams, families, managed care organizations, (MCO) and Employee Assistance Programs (EAP).

For more information on Pathroot's beta program and upcoming monitoring integration, visit https://pathroothealth.com.